



Love God. Love people.

Discussion Guide
“A Blueprint for Broken Days”
Pastor Daniel Floyd

Starter Have you ever had a day go wrong before you even left the house? Like spilled coffee, a dead battery, the wrong outfit, or one text message that changed your whole mood? What happened?

Sermon Summary

When life feels uncertain, painful, or completely out of control, where do you turn first? In this message, we’ll discover through Elijah’s story how seeking God, trusting His character, obeying His direction, and embracing change can give us a blueprint for broken days.

ACT

As you absorb sermons, read, or participate in group discussion, take notes and make a plan to apply what God’s teaching you.

A (Action): Mark important ideas with an “A” to remind you to take action.

C (Contemplate): Use a “C” to mark ideas you want to process further.

T (Transfer/Teach): If it’s something you need to teach to someone else, note it with a “T.”

Read

What do these Scriptures teach you about God’s character? (Read some or all verses together.)

[1 Kings 17:1–6](#)

[James 5:17](#)

[Exodus 3:14](#)

[Romans 8:28](#)

[2 Corinthians 3:18](#)

[Isaiah 43:19](#)

Discuss

Choose questions to keep the discussion moving. There’s no need to discuss every question.

1. What is usually your first response when life feels stressful, disappointing, or uncertain?
2. Have you ever experienced a season where God used difficulty or waiting to grow your faith? What did you learn from it?
3. Is there an area of your life where you feel God may be asking you to take a step of obedience or trust?
4. What is one “old brook”—a mindset, habit, comfort zone, or past season—that may be hard for you to let go of?
5. How can our group encourage one another to trust God and stay faithful during broken or difficult seasons?

Go Deeper

1. Study [Acts 16:22–34](#) (Paul and Silas in prison). What would change in your life if worship became your response before your circumstances changed?
2. Study [Genesis 37–50](#) (Joseph's journey). Can you trust that God may still be working even when your current season makes no sense?
3. Study [Matthew 14:22–33](#) (Peter walking on water). What “boat” might God be asking you to step out of in this season?

Apply

1. Pray first this week. Before reacting to stress, conflict, or bad news, pause and seek God first instead of calling a friend or immediately trying to fix everything yourself.
2. Ask God where He is calling you to obey right now. Is it forgiveness, generosity, serving, reconciliation, or taking a step of faith?
3. Instead of allowing your confidence to be shaped by circumstances, build confidence in God's character by reflecting on who He is: faithful, sovereign, unchanging, and present. Choose a meaningful trait and memorize Scripture to remind you of its truth.

Pray

Here are some prayer points:

1. Ask God to help you turn to Him first in every broken, stressful, or uncertain moment instead of relying on your own understanding.
2. Ask the Lord to give you the courage to say yes to whatever He is asking you to do, even when it feels uncomfortable or unclear.
3. Pray for strength in dark seasons—to trust Him when you feel unseen and when you're waiting or spiritually stretched.
4. Pray for willingness to embrace change. Ask God to help you let go of the old so you can step into the new thing He has for your life.

Leadership Tip

As a group leader, remember that people often grow the most during hard seasons. Help people feel safe to be honest about their struggles, seek God together, and take simple next steps of obedience. If appropriate, share one of your own struggles and how you're working through it in a healthy way.