



Defeating the Giants in Your Life

Dr. Tony Evans

Focus We all have Goliaths in our life. But as sons and daughters of the covenant, we have God's covering and His blessing. We only need to stand under it.

Fun What was your favorite childhood book?

Review Key Scriptures: 1 Samuel 17:1–50; 2 Corinthians 4:18; Psalm 25:12–14

1. You must know the anatomy of your Goliath before you can defeat it.

A Goliath is an arena or circumstance in your life that looms large enough to overwhelm. It produces emotional instability and will not leave you alone. We must identify that Goliath and call it out for what it is before we can defeat it.

2. Victory over Goliath always starts with a spiritual perspective.

What you are looking at is going to affect what you see. If you are only looking at the visible physical reality, you will miss the invisible spiritual reality. We need a shift in perspective.

3. We must be under covenant.

We can be *in* the covenant but still not have the full power and blessing of it operating in our lives simply because we are not fully submitted *under* the covenant. A covenant is like an umbrella. We only experience the full benefit of the umbrella's function if we are standing underneath it.

Group Dynamics Idea Create and assign fun “ticks” for everyone to act out throughout the night. For instance, whenever anyone coughs or sneezes one person must say “Hallelujah, it's about time.” Or when someone says the name Jesus, one person must stand up and spin in a circle. Be creative and have fun with it!

Discuss

1. Dr. Tony Evans highlighted that Goliath was an uncircumcised Philistine and therefore not under the covenant. Why was that a game-changer in David's approach? What does covenant mean to you?
2. Read John 2:23–25. What does it mean that Jesus did not commit Himself to everyone who believed in Him? Why would He choose not to?
3. David ran toward the lion, the bear, and the giant. How does operating under covenant change your posture from one of defense to offense? Give examples from Scripture where the people had to act first and take the offensive position before God responded with a supernatural move.
4. Read Psalm 25:12–14. How do we learn the ways of God? The secrets of God were defined as His guidance for our unique circumstances, i.e., how to take down our individual Goliaths. Dr. Tony Evans used a metaphor of the Word of God and the covenant as a rulebook and a playbook, respectively. Why is it important for each football team to have their own playbook? And how does that equate to our spiritual journeys? Where is the Holy Spirit in this?
5. Many Christians are living uncovered, not because they don't have an umbrella, but because they have not opened it or placed themselves under it. How can we reposition ourselves underneath His covenant today?
6. Names reveal a person's identity. Why was it significant that David called God by His warrior name, the Lord of Hosts? Which name of God speaks to the giant you face right now?

Take Home As we conclude, remember the following:

- Victory always begins with gaining God's perspective.
- When we are rightly aligned with God in covenant, then the power of the cross is activated by faith.
- You have somebody bigger than the Goliath that you face. When you come to God, the Goliath must fall.

Prayer

Lord, You are the ultimate Goliath-slayer. Thank You that we don't have to run in fear of our giants. You have already prepared a path of victory as we lean close to You. We are Your covenant people. Thank You for providing that covering for us. Teach us how to submit in greater measure. In Jesus' name, Amen.

New Leader Tip As the group leader, always set aside time to pray for and about your group. Ask God to give you direction and new, creative ideas. As preparation, you may want to spend time simply worshipping and praying in the Spirit 30 minutes before group.